

Ice breakers

Toilet Paper Game

Pass around a roll of toilet paper to the group and ask them to take what they need, with no further explanation. When done, tell the group that as they go around the room, each person must tell a fact or something about themselves for each square of TP they took.

Birthday Game

Have the group stand and line up in a straight line. After they are in line, tell them to re-arrange the line so that they are in line by their birthday. January 1 on one end and December 31 at the other end. The catch is that they must do all this without talking or writing anything down.

Human Knot Game

Divide into groups of 6-10 people. Each group forms a tight circle, standing and facing each other. Everyone extends their hands into the circle and by intermingling their arms, grasps hands with other members of the group. Instruct people to "be sure that the two hands you are holding does not belong to the same person". The groups' goal: untie the knot which results. Members of the group physically climb over/ under/ through each other's arms to untie the knot of bodies. Note: It's RARE but it is possible for a knot to be unsolvable or end in two separate circles.

Who Am I?

For this activity, put the name of an the topic and theme you choose and write it on paper and tape on the back of each participants back. The participants must then go around the room trying to guess who they are. They may only ask Yes/No questions.

Examples: Animals

Famous people

Objects

Food

Place

2 Truths and a Lie

Ask each person in the group to think of two true facts about themselves, and one lie. Each person in the group takes a turn telling the group their three items. The group then has to agree on which fact they think is a lie. Once the group announces their decision, the speaker tells the group the correct answer. The group then can talk about any of the interesting things they just learned about the new person.

I Love My Neighbor

Arrange the group in a circle with one person in the middle. Everyone should place some sort of marker behind them, such as a book bag, t-shirt, etc. The person in the middle says, "I Love my Neighbor because they are wearing blue [insert any description you like]." Then everybody in the circle who is wearing blue gets up and moves around the circle to the next available marker (bookbag, etc) that everyone is sitting on. The person who does not find a marker to sit on is in the middle and becomes the next caller.

Beach Ball (question ball)

Get a large inflatable beach ball and use a permanent marker to write questions on it. This becomes the "icebreaker ball". You can use it in a large group and throw it around. The person who catches it has to answer the question

touching their left thumb. Have them say their name first then answer the question and throw it to someone else. Below are some example questions.

1. What is your favorite movie line?
2. If you were to treat yourself to the "finer things" what would you treat yourself to?
3. If your life was being turned into a feature length movie, who would play you? And why?
4. What is your "15 minutes" of fame?
5. If you were invisible where would you go?
6. Fill in the blank: When I dance, I look like _____.
7. What two television channels do you watch most frequently?
8. What is your greatest phobia?
9. What celebrity irritates you the most?
10. If you owned a yacht, what would you name it?

M&M Game

Pass around a bag of M&M's. Have everyone take one (don't eat them!). Then everyone tells something about himself or herself according to the color they chose. Have them choose 3 different color M & M. Once the M&M have gone around, then read off what question each color is:

Red: Something stupid you've done

Brown: Something about your hometown

Yellow: Something about your family

Blue: A long-term goal

Green: A special event in your life

Orange: Why you chose to join Circle K?

Back-to-Back Drawing

Divide your group into pairs, and have each pair sit on the floor back to back. Give one person in each pair a picture of a shape, and give the other person a pencil and pad of paper. Ask the people holding the pictures to give verbal instructions to their partners on how to draw the shape without actually telling the partners what the shape is. After they've finished, ask each pair to compare their original shape with the actual drawing, and consider the following questions:

-How well did the first person describe the shape?

-How well did the second person interpret the instructions?

-Were there problems with both the sending and receiving parts of the communication process?

Counting Game

Your group must count to 10 (or 20), but only one person can shout each number. If more than one person says a number at the same time, the group must start over.

My Life in Pictures

Bring a newspaper or magazine. Have each person tear out a picture, article or anything they think tells something about themselves. If there's enough time they can make a collage that tells more about themselves.

Most Deprived (Never Have I Ever, Clean Version)

Everyone ten fingers. Start by stating something you've never done that you think everyone else has done. You might say, "I've never had a birthday party," or some other true statement about yourself that you think everyone else has surely done. Then, everyone who has had a birthday party puts down one finger. Keep playing until everyone has a turn or until someone runs out of fingers.

People Bingo

Prepare a Bingo card with 25 squares (5 rows and 5 columns). The center square can be marked with the words "FREE SPACE" and above the top you can write the word "BINGO." Within the remaining blank squares, fill in lots of interesting facts that may or may not be true for a person. For example:

- Has been to more than 5 countries.
- Has more than two dogs.
- Is fluent in Spanish.
- Loves to eat sushi.
- and so on..

If a person meets someone who can fill in a box, he or she should obtain that person's autograph for that box. To win People Bingo, a person must obtain unique signatures to get 5 boxes in a row: horizontally, vertically, or diagonally. Once a person obtains 5 in a row, he or she should shout, "BINGO!"