

# Key To Caring

KEY CLUB

Official Newsletter of Wisconsin-Upper Michigan Key Club District

Issue 4 November 2008  
Edited by: Anna Sedlar  
WI-UM District Bulletin Editor

*The difference between the impossible and possible lies in a person's determination.*

*- Anonymous*

## Governor's Note

Hello Key Clubbers!

I hope you enjoy yet another beautiful Key to Caring publication...I know I will. Today, while doing a service project at a Division 4 OCM, I felt the first few snowflakes of the season. My body chilled at the sight! But with snow comes winter and with winter comes new opportunities to serve. Symbolically, the winter season can be the saddest time of all. The sun is gone, the weather turns cold, and those without loved ones become lonely. So as a Key Clubber, acknowledge your chance to brighten the world! Shovel driveways for free, buy groceries for an elderly woman, distribute candy canes to the little children nearby, and organize a coat drive. The possibilities are limitless!

Additionally, I would also like to encourage you all to start planning your participation in this year's Governor's Project- "Service Without Boundaries." The project is meant to get your club active with disability awareness and with affecting the lives of people with disabilities. Please ask your LTG for more information.

As always, please feel free to contact me with any questions, suggestions, or concerns. My email address is emulloy@gmail.com. I would also LOVE to attend any and all service projects that you can throw at me!

Commit With Passion,  
Governor Emily Mulloy

P.S. Thank you to all that attended an RTC this year!

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## Editor's Note

Key Club, Key Club, Key Club!

Are you excited for the holidays!? I know I am! I can't wait to make cookies, EAT cookies, wrap presents, listen to Christmas music, and visit with friends and family. But more importantly, I can't wait for Key Club holiday projects. My home club has planned around ten projects from November to December and I plan to attend most of them.

Ten projects is a lot, are you wondering how your club can do this much? You're looking exactly where you need to. In this issue of the Key To Caring, you can find inspiration for projects on every page! From UNICEF to Walking to School, A Penny War to the MEP: Live 2 Learn. Hopefully your holidays will be great, I hope even more that you make someone else's holidays better.

Anna Sedlar

District Bulletin Editor

## Did You Know?! (Weird Holidays)

Jan. 16 - National Nothing Day

July 3 - Compliment Your Mirror Day

Sept. 28 - Ask a Stupid Question Day

Nov. 21 - World Hello Day

Dec. 18 - Underdog Day

Key Club International  
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ONE

## Community Halloween Party

Article and Photo's by: Britni Bruecker, Kimberly  
Key Club Bulletin Editor (D7)

On October 30<sup>th</sup>, Kimberly High School Key Club hosted our annual community Halloween party to raise money for UNICEF. After going out for a delicious group breakfast, we put in about six to eight hours of hard work preparing for the festivities. The two hour party included cookie decorating, pumpkin decorating, hay rides, a haunted hallway, games and prizes, face painting, coloring, refreshments, music, and of course, costumes! The party was very successful, raising a grand total of \$553.71 for UNICEF.

is one of Kimberly's best projects of the year. It is a great opportunity for club members to bond and have fun. It also brings the community together; we had over 150 kids plus their parents attend! The party allows us to not only raise money for a great cause, but to educate the community about Key Club and UNICEF.



UNICEF was established in 1946 to provide emergency food and healthcare to children in needy countries. UNICEF provides developmental assistance to children and mothers in developing countries. UNICEF is funded by voluntary contributions and partners with many service organizations, Key Club being one of them.



## UNICEF Focus areas:

### HIV/AIDS and children >



### Child survival and development >



### Child protection >



### Basic education and gender equality >



## Had enough of the orange boxes?

### Other ways to get involved after Halloween

- ◆ **UNICEF Halloween Party:** Have a Halloween party at your school or other location. Dress up in your favorite costume and vote for the best costume! Bring snacks and goodies to the event and ask your classmates, teachers and parents for donations.
- ◆ **Ice-Cream Social:** Throw an ice-cream social or other event at school, at home, or at a local ice cream parlor. Ask everyone to donate to attend and make ice-cream sundaes together.
- ◆ **Mentor:** Speak to younger students about UNICEF and encourage them to participate in "Trick-or-Treat for UNICEF." Take the younger students and local children trick-or-treating at the mall or around the neighborhood.
- ◆ **Coloring/Design Contest:** Get kids to design their own Halloween cards, t-shirts or costumes. Get local businesses to make donations and select the winner. The winning kid's design will be featured in local businesses, the town newspaper and the winner gets to put their name on the UNICEF donation

## Trick-or-Treat for UNICEF

Simple, fun, and for a great cause - what's better? The Key Club 2007-2008 year-end total donation to UNICEF was \$758,433.20. Hopefully your club helped make 08-09's donation bigger and better!



# Need more members?

Start Early: Involve your Key Club with a local Builder's Club

The K-Family consists of K-Kids, Builders Club, Key Club, Circle K, and Kiwanis. Just like Key Club, these clubs pride themselves on service; the only difference is their ages: Builders Club is for middle high school students. Think of how great it'd be to get 15 new freshmen to join Key Club next year. Great hey! But it'd be even better if they already knew a little about service and the K-Family; this is where you come in. Invite or bring a Builder's Club to one of your service project (make sure it's a fun one, and one that will make them want more!) Take it one step further and do a whole K-Family joint project in your community. At the end of the school year, be sure to visit a Builder's Club meeting and give the soon-to-be-freshmen High School Survival packets. Include in

them: pencils, pens, notepads, a few pieces of candy, a list of the school's clubs and teams, and tips written by Key Clubber's. Check out <http://store.kiwanis.org/> for great Key Club gifts!

Utilize your Builder's Club for service and friendships, and show them how fun service leadership is.

The K-Family is also made up of a few other programs, such as Terrific Kids, Bring Up Grades (BUG), and Aktion Club. Terrific Kids is a program to help younger students establish goals to improve their behavior.

If you are interested in starting up any of these K-Family clubs just contact your Lieutenant Governor and they will help you get the club sponsored and started!



## Key Club DUES



Hopefully your club has already entered your yearly dues. If you have - congratulations, you are an early bird! If you have not, don't fret! You have until December 1<sup>st</sup> to get them in. Don't procrastinate! That's less than a month away. If you fail to submit your dues, you are on the road to being an inactive club. For more information and help, contact our district administrator Kathy Vorpahl.



## EVERYTHING'S BIGGER IN TEXAS!

Are you prepared to spend a week with a thousand Key Clubber's from all over the world? If you are, start fundraising and saving now!

**The WI-UM Tour dates are June 30 - July 6.**

We are taking an Amtrak train down to Texas. Be ready to have the train ride of your life!





# Major Emphasis Program

Article taken in part from [www.keyclub.org](http://www.keyclub.org)

Key Club International members are urged to support the Major Emphasis Program through hands-on service with a new service initiative program, Live 2 Learn.

Live 2 Learn focuses on helping children, ages 5-9, overcome learning obstacles so they can be successful and give back to their home, school, and community.

This new emphasis allows Key Club members to direct their efforts to a single area of need to make a substantial impact. The emphasis area will rotate every two years. Key Club members are serving primary school children in three areas:

Improving grades

Giving back

Growing together

Find beneficial service project ideas on the Key Club website, [www.keyclub.org](http://www.keyclub.org)

## WIUM Service Project Grant

Missed the YOF deadline? Don't fret; there are still grants to be applied for. One of which is the WI-UM Service Project Grant. This grant is used to help WI-UM Key Club's in good standing (dues paid) fund service projects. This grant is just like the YOF except you cannot request more than \$200. Grant applications can be found on the WI-UM website ([www.wiumkeyclub.com](http://www.wiumkeyclub.com)) and must be submitted to the district administrator, Kathy Vorpahl by:

1. August 1<sup>st</sup>
2. December 1<sup>st</sup>
3. February 1<sup>st</sup>
4. April 1<sup>st</sup>

Good Luck!



## Re-divisioning

By: Erin Montemurro, LTG D1

Throughout the history of the WI-UM Key Club District, re-divisioning has occurred several times. As we continue to grow as a district and create a bigger impact on our communities, the need to re-division has come up once again. This year the Club Building and Reactivation Committee has re-divisioned the district once more, and hopefully for the last time. There are a few reasons for the re-divisioning. One of the main reasons is Kiwanis. As our sponsoring organization, the Kiwanis District board asked Key Club to consider matching Kiwanis Division numbers and boundary lines. This will make communication and interaction with our sponsoring Kiwanis Clubs and the Kiwanis Lt. Governors much more meaningful. Also as we charter more clubs, divisions get larger, making the distance between clubs longer, making good attendance for division wide projects and OCM's harder to achieve. To achieve this some clubs will change divisions; and all division numbers will change. The re-divisioning will go into effect after the 2009 District Convention. The only change prior to the start of the new Key Club year after Convention is that the new divisions will be grouped together for caucusing to elect the new Lieutenant Governors, and the District Board. The re-divisioning also creates more positions for Lieutenant Governors, so talk to your Lieutenant Governor about running for this office! More information will be sent to club advisors and will also come out along with the information for Convention. This is a good change and will allow us as Key Clubbers the opportunity to better serve.

## Youth Opportunities Fund

Did you apply?! The deadline for free money was October 15 (as it is annually). Whoa whoa whoa, slow down, free money! If that is what you're thinking to yourself, continue reading. The YOF grant is an endowed fund from Key Club international which uses the interest earned to help Key Clubs and individuals serve their community and the world by granting them funds. All you need to do is complete a simple application and request \$200-2000. And you know, it is never too early to start planning a project! You have a whole year before the next deadline, so brainstorm and start picking and planning an awesome project right away! Project ideas and more information are found on the Key Club website ([www.keyclub.org](http://www.keyclub.org)).

The YOF also provides academic scholarships for college level education. The fund uses part of Key Club dues and the purchase of G. Harold Martin Fellowships. For a list of Key Club scholarships, visit the website! Hopefully an outstanding member of your club will receive one, and hopefully next year you will submit your YOF service project grant application by **October 15<sup>th</sup>, 2009** and be on your way to improving the community!

# Adventures at Key Leader



There is an endless list of things one can do on a weekend. Some chose to sleep in, watch TV, or go to a movie with friends. All of those options would be enjoyable I'm sure, but when given the opportunity for something different, I took it.

During September 19-21 I attended Key Leader, a leadership camp at Camp Wawbeek in Wisconsin Dells. During my stay, I learned more about myself as an individual, how to be a successful leader, how to help others succeed, and made a ton of new friends from all over Wisconsin. The weekend was packed full of activities that

allowed you to meet the other campers, learn about leadership firsthand, and have fun at the same time. One of my favorite parts of the camp was the "Low Ropes Course," which required the campers to work as a team to get through an obstacle course. At first, it seemed rather simple, but each of the campers soon realized they needed the support of their teammates. The challenge was quite an adventure, yet very fun.

For anyone who has the opportunity to attend Key Leader, I would definitely suggest taking it. I had an amazing weekend and can't wait until next year!!! Hope to see you there! ☺

- Taylor Dahlgren D4 LTG



Photographs courtesy of Tony Wang

## A Message from the District Administrator

Hello Key Clubbers and Faculty Advisors,

As some of you know, that attended one of our RTC sessions; I was elected Kiwanis Governor at the Kiwanis convention in August. Because of the demands as Governor-Elect this year; and Kiwanis Governor next year, I will need to back away from some of the paperwork and travel relating to Key Club.

Because I love working within the Key Club organization, I do not want to back away completely. To this end, Kim Riedl, our Assistant Administrator has stepped forward to take over the reigns for a couple of years. Kim and I will be changing positions at the end of our District Convention in March. I will become your Assistant Administrator and look forward to continuing to work with the Key Club District Board.

Thank you for the support you've given me these past 4 years and know that you will love working with Kim as Administrator with me as her side kick...

Yours in Key Club Service,  
Kathy Vorpahl  
WIUM Key Club  
District Administrator



# Children's Miracle Network



By Arianna Roehrich, D9 LTG

So what if it is not summer!

Children's Miracle Network is a non-profit organization dedicated to helping kids by raising funds for 170 children's hospitals across North America. Children's Miracle Network children's hospitals are among the best in the world. Each year these non-profit hospitals provide the state of the art care, cutting-edge research and preventative health education to help millions of children with diseases and injuries of every kind. The money you raise helps your Children's Miracle Network hospital treat kids with all types of afflictions, including cancer, birth defects, muscular dystrophy, AIDS, and accidental injuries. With your support, Children's Miracle Network hospitals are able to provide the highly specialized care children need.

In 1996, Key Club decided to partner with Children's Miracle Network. Now Key Clubbers all over the globe have the opportunity to help children in need. There are many ways Key Clubbers can raise money for Children's Miracle Network, here are a few ideas:

- **Bake Sale:** Sell balloon shape cookies and sell them in your school's cafeteria. Send the proceeds to CMN.
- **Coin Canisters:** Obtain coin canisters from your local hospital. Place them on your counters and ask members for donations to benefit their Children's Miracle Network hospital. Canisters are also available for drive-up teller windows.
- **Kiddy Carnival:** Set up simple kid games and activities such as a ring toss, spin art and face painting. Decide on a kid-friendly location, promote the event and charge an entrance fee. If desired, expand the event by adding food stations.
- **Pennies from Heaven:** Hang umbrellas upside down in the hallways of your school. Hang "Pennies from Heaven" signs with an explanation such as, "Throw your coins in the umbrella to help kids at \_\_\_\_\_ hospital/our Children's Miracle Network hospital".
- **Donate:** Buy toys and dolls for kids going through trauma at your local hospital.
- **Volunteer:** Donate your time at local Children's Hospital.

"One generation plants the trees; another gets the shade. " -Chinese Proverb.

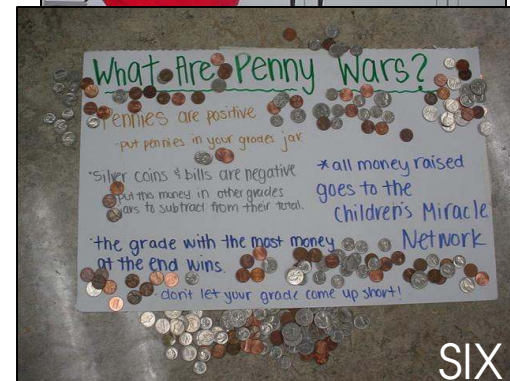
\*Key Clubbers let's plant the trees for the next generation of children to sit under and lean their backs against.

## Pennies save Lives!

Article and Photo's by Sammie Christopher Bulletin Editor/Historian of Memorial Key Club, Eau Claire, WI (D9)

Around six years ago I was told that a very close friend of my family had cancer. He was just a three year old boy. It all started with a bruise on his side. All I wanted to know is what was being done to help kids like him. I remember going to visit him in the hospital and just seeing him sit there in that bed. They had a TV for him to watch but he lived on a farm so he was used to moving around and playing. He got so bored that he would just sit there. His cancer passed, but just recently it has returned.

The Memorial High School Key Club wanted to help these kids! We didn't want them to be bored anymore, so we decided to raise money to get books and activities for these guys! We held a school wide Penny War for The Children's Miracle Network. We held a competition between the four classes in the school. We raised around eighty dollars for the cause, but instead of just giving them money we decided to purchase books, cards, games, dolls, dinosaurs, toy cars, my little ponies, and other things that the kids can play with and keep themselves busy with while they are in the hospital. Our Key Club picked a date to put these gifts into baskets and write little "Thinking of You" cards to include in the package. It was sent to the nearest CMN hospital, which is Gunderson Lutheran in La Crosse, WI. We received an email thanking us for our generosity. This was a simple but fun Key Club event that was for a GREAT cause!



SIX





She's In!

A message from our  
International Trustee

This is a quick hello from Key Club International and I am your Trustee, Frances Bruce. I hope your year is going well so far and as Fall is about us, our Service Partner, UNICEF is a great fund to help with. A simple way to help is participating in "Trick or Treat for UNICEF", if you didn't trick-or-treat though, look for other project ideas on page 2 to benefit UNICEF. This is a great way to help out and it loads of fun as well.

You can now check out the awesome Key Club video magazine on our website at [www.keyclub.org](http://www.keyclub.org). This is a great resource and I strongly recommend you check it out!

Just as a reminder, our Service Initiative is "Live to Learn" this year so really focus on the children. You can do simple things such as make kites with school children and go fly them when spring rolls around again. Projects should aim at helping children outside of the classroom grow. Reading to children is also a great way to be involved and give back as a key clubber.

If you have any questions please do not hesitate to call or drop me an email. My number is (507) 244-0605 and you can email me at [francesbruce@gmail.com](mailto:francesbruce@gmail.com). Have a great Halloween!

Yours in Service and Friendship,  
Frances Bruce  
International Trustee  
Key Club  
☺

## Make Your Meetings Awesome

Need some inspiration? This list was compiled by Kiwanis International and published in the November Issue of the WI-UM Kiwanews.

1. The mission is so clear that everyone wants to give their time, talent and treasure.
2. The meetings are so enjoyable that members only miss when it is unavoidable.
3. The service projects are so inspiring that there is a waiting list for volunteers.
4. The leaders empower and equip the members to become leaders themselves.
5. The members are proud of their club and invite their friends to join.
6. The club plan serves as a map and compass to make sure the direction is clear.
7. The value of the club to the community and the members is obvious to everyone.
8. The fun and laughter is so contagious that members are still smiling on their way home.



LTG's Haley Davis and Adorée Killips with the Key Club International Bell at ICON

# Memorial Flippin' Over A New Key Club Year

By; Emily Horecki Co-Vice President of Memorial High School Key Club Eau Claire, WI (D9)



The beginning of the year is a hectic time for Key Club with the whirlwind of collecting dues and getting meetings into a rhythm. As the first event rolls around we hold our breath and hope that everyone who has committed to working will show up and things will go as planned.

For the Memorial High School Key Club in Eau Claire, WI working at a pancake feed hosted by our sponsor Kiwanis club was our first event. This year it was held on September 27<sup>th</sup> in our school's cafeteria. The help we received from our club proved how dedicated our members are and what a great year we will be sure to have! Shifts of Key Clubbers

worked throughout a 13 hour day washing dishes, cooking pancakes, preparing trays, and waving to cars while wearing a pancake or Babe the Blue Ox costume. All in all, 62 members volunteered for a total of 157 hours.

With the commitment our members have shown thus far, this year is sure to be the best Key Club service year ever! As our club once again gets into a rhythm for the year we are all very excited about our upcoming activities such as leaf raking for seniors, Read and Lead, and bell ringing!

# Brookfield Central Walks to School

By: Ryan Denu, President of Brookfield Central Key Club, Brookfield WI (D16)

For more than two decades, war has been rampant in Uganda. A rebel army sought to overthrow the government, but the Ugandan government responded by forcibly evicting thousands from their homes. They were sent to overcrowded camps, where they faced poverty, disease, and near-certain starvation. In response to this horror, the Invisible Children movement was established. It encourages peace and supports the war-ravaged country of Uganda, with a particular focus on the children.

The Brookfield Central Key Club decided to support this worthy movement by having a Walk to School. We would be walking to school in the shoes that the Ugandan children lack; something as simple to us as shoes are so hard to come by for these children.

We started accepted donations the week before the walk. Those who donated \$10 or more received a t-shirt stating, "Walk a mile in the shoes they don't have. Not only did the walk benefit the Invisible Children, but it also saved the environment because people walked instead of drove, pledging to the Invisible Children the money that they would have spent that day on gas. Our students were given three options: they could walk from their homes or from two designated starting areas. When the walkers arrived at school, they were greeted with warm coffee donated by Caribou Coffee and delicious bagels donated by Einstein Bagels. It was great to see local companies supporting us in this project.

The walk was an incredible success. On behalf of the Brookfield Central Key Club, I thank everyone who helped make this event possible. We generated an unbelievable amount of interest and awareness. Additionally, we raised about \$2000! More importantly, the walk to school instigated the students to unite for a tremendous cause and help the struggling Ugandan children. I can only pray that the walk to school will continue to be an annual success!

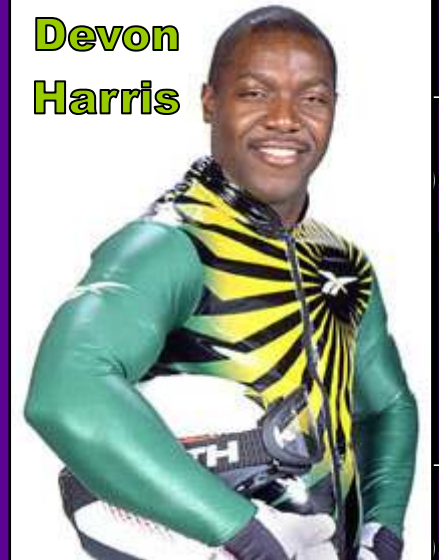
Be Featured  
Here! Email  
your article to  
editor@wiumkeyclub.com





Keynote Speaker

**Devon  
Harris**



**Dance, Dance, Baby!**

## Workshops

Officer's

Service Partners

K-Family

Fundraising and Service Projects  
& more!

# DCON

Service; music to our ears

**Sierra Hotel, Green Bay**

**March 13-15**

# 2009

**Bring your spirit  
for service!**



Come join 800 of your fellow  
WI-UM Key Clubber's  
celebrate service and have the  
time of your life!

NINE

# NEW YORK!

## Key Chain

What's going on around Key Club International

What's up, Key Clubbers?

I'm the District Bulletin Editor from the New York District, here to give you an idea of what's going on up in the Empire State! First order of business, we are proud to say that we have two officers on the International Board from our district elected this year at the International Convention in Denver; Trustee Jessica Morris, and of course, President Kia Albertson-Rogers.

To kick off the 2008-2009 school year, Lieutenant Governors in the New York District hosted/will be hosting Rallies. Our divisions were broken off into groups based on location; for example, Divisions 1-3 would hold a rally, 4-6 would hold a separate rally, 7-9, and so on and so forth.

The rallies are generally a half day event, and they are meant to be informative, while also providing a fun experience that will motivate Key Clubbers to maintain their level of service initiative and dedication throughout the year. Most contain separate officer/training workshops, other fun workshops, and different events; the rally as a whole is similar to a miniature District Convention, and we know those are fun, right??

Our Governor's Project this year is "Going Green". The object is simple: caring for the environment. While the idea is simple, it opens up a broad range of ideas for service projects, which we are sure will be very successful this upcoming school year. Cleaning up parks/highways, hosting bottle drives, anything that helps the environment!

If you want to learn more about the New York District, check out our website at [www.nydkc.org](http://www.nydkc.org). All of our district publications, entitled the "Empire Key", can be found under newsletters in the "Resources/Paperwork" section. As for a little bit about myself: I am currently a junior in high school, I run cross country, bowl on a varsity team, am a member of many extracurricular clubs, and am the lead singer/rhythm guitarist of a five-piece pop-punk band. Thanks for reading guys, enjoy your school year as much as possible!

In dedication and service,  
Adam Lawyer  
District Editor  
New York District  
Key Club International



Show WI-UM how great your club is!

Submit articles to Anna Sedlar at

[editor@wiumkeyclub.com](mailto:editor@wiumkeyclub.com)

You can write about anything!



## WI-UM DISTRICT BOARD

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# Important Dates

**November 3-7** – Key Club Week!

**November 27** – Thanksgiving

**December 1** – ALL KEY CLUB DUES ARE DUE!

**December 25** – Christmas

## RTC Season Has Ended

Thank you to everyone who came to an RTC (Regional Training Conference) this year and helped make it a success! Everyone enjoyed the fun; from a zoo scavenger hunt to a dodge ball tournament. And hopefully everyone learned something about Key Club, whether it be about Key Club Week or Service and Fundraising. A compilation of all the workshops is in the making, so for those of you who couldn't make the RTC, you should be receiving that packet by early December. We all know that a picture is worth a thousand words, so here's a few thousand for you!



Pictures courtesy:  
Alexandra Endres  
Tony Wang  
Isabelle Novak  
Anna Sedlar



## Holiday Project Ideas

### Game Night

Host a game night party with all kinds of board games and video games. Invite students and anyone from the K-Family to your school. Charge \$2 per person to enter for each game. Give out prizes. Plan ahead and get people excited for it.

### Cards and Cookies

Have each member create a holiday card and make cookies. (If you have a big club, maybe have members get in groups and each make 2 dozen cookies, so you have enough) Deliver your cards and cookies to local old folk's homes, or anywhere!

### Salvation Army

Offer to help your local Salvation Army. They always need help this time of year. Your club could ring bells, host a food drive, or help with their soup kitchen.

### Angels

Have each of your members (or groups) adopt a child (typically you can take an 'angel' of a tree at a mall) and give the children a Christmas they won't forget.



a Kiwanis-family member  
keyclub.org

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ELEVEN