



Key To Caring

Official Newsletter of Wisconsin-Upper Michigan Key Club District

Issue 2 July 2008

Edited by: Anna Sedlar

WI-UM District Bulletin Editor

"Be the change you want to see in the world" -Gandhi

Governor's Note

Hello WI-UM Key Club Members,

I hope that you are all as excited as I am to finally make it to summer! Summer can be a break, but shouldn't be a break from helping others through Key Club. This is the perfect time to organize a sports tournament for Children's Miracle Network, or to help your local Kiwanis with their special project or "-fest" they're throwing for the month. But while you support those in your own cities and towns, let's also support the many fellow Key Clubbers who will be heading to Denver, Colorado this month for the 2008 Key Club International Convention. They will be representing our district among the 33 other districts present! They will not only be learning about the new ideas and programs surfacing in Key Club, but will be helping to elect next year's International Board, which includes an International President, an International Vice-President, and eleven International Trustees. They will also be supporting our own past Lt. governor, Adam Joslyn, as he runs for an International Trustee position! When they come home, don't be afraid to ask questions, look at pictures, and annoy the heck out of them in order to learn about what should be an amazing experience!

Please enjoy this wonderful issue of the Key to Caring that Anna has worked so hard on. Have fun, be safe, and talk to me at emulloy@gmail.com.

Commit With Passion,

Emily Mulloy, District Governor

Contents

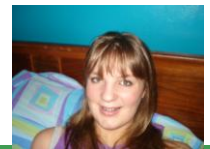
01	Notes
02	ICON EXCITEMENT
03	Spotlight on RTC's
04	Circle K, YOF, MEP
05	Recruitment Tips
06	Hello from Michigan
07	Dodge ball, Key Leader
08	Contact Info, Project Ideas, dates

Editor's Note

WI-UM!

This year, maybe you have noticed that your district board is wanting to go above and beyond and we have already achieved remarkable things! For you KTC readers out there, you can now access the newsletter on the district website! (www.wiumkeyclub.com) Also, the KTC will be issued every other month on a schedule of: May, July, Sept., Nov., Jan., and Feb. giving you an extra two issues than previous years! I hope the outcome of these changes are strength, unity, and collective service in our district. With that said, I encourage you to submit your own articles to me. They can be about anything! From projects to outstanding members. To submit, email me, editor@wiumkeyclub.com I would love to hear from you.

Yours in service,
Anna Sedlar



Did You Know?! (Phobias)

- | | |
|------------------|------------------------------|
| ✗ Textophobia | Fear of certain fabrics |
| ✗ Soteriophobia | Fear of dependence on others |
| ✗ Apeirophobia | Fear of infinity |
| ✗ Sophophobia | Fear of learning |
| ✗ Rhytiphobia | Fear of getting wrinkles |
| ✗ Lachanophobia | Fear of vegetables |
| ✗ Ereuthrophobia | Fear of blushing |
| ✗ Atelophobia | Fear of imperfection |

Nakita's Farewell

Hello,

I can not believe I am writing my farewell letter to you all. I have been serving as your **International Trustee** since last July and in that time have been your liaison to the international office.

When I came into this position I did not know what to expect, but each of you welcomed me with open arms. I met your immediate past governor in Dallas, Texas last July and set forth preparing an action plan as to how we would like to work together. Looking back I am happy to report we have met our goals.

When I came out to your districts for a district visit you were more than welcoming. I know at times it was difficult for us to understand each other but I loved our chats about how our cultures are both different and the same.

We had an amazingly successful year and a great celebration at your district conventions. Now, let's kick it up a notch at the International Convention this summer in the mile high city of Denver Colorado.

If you are in grades 9, 10 and 11, I encourage you to maybe think about running for International office. It is not a whole lot more work that the position of Lt. Governor and you get to see how an International organization runs. And the daily challenges of being international. It's an amazing experience and I would love to hear from you if you have any questions about running for a position on the district or international level!

Please keep in touch by email and facebook.

Yours in Service,
Nakita. S.

Nakita Sekhon
2007-2008 Trustee
ltgnakita@yahoo.ca

service



altitude

ICON – My Run for IT

By: Adam Joslyn, Junior at St. Mary's
Springs High School, Plymouth WI

Known as the mile high city, Denver, Colorado is home to the Rocky Mountains, Coors Field, and...you guessed it, this year's International Key Club Convention. For Key Clubbers around the world, International Convention offers a fun and exciting way to learn more about Key Club through interactive workshops, speakers, and many other activities. There are also several dances and a meet and greet involved. However, let's not forget about the most important part of the convention. Delegates from each club in attendance will be voting on next year's International Board. The process shows just how important each and every member is. Candidates for the offices of International Trustee, Vice President, and President have been working diligently for the past few months, preparing for this election. I know this because I am currently running for the position of International Trustee. My platform is 3D, the same one you might remember from our District Convention this year. It stands for three important qualities for achieving success, and those are dedication, determination, and discipline. Although it will be a lot of hard work, I plan to show the world of Key Club just what the WI-UM District is all about.

RTC Date's and Locations

(Subject to change!)

- ♦ D10, D11: Sept. 27-28 overnight
Bay Cliff Heath Camp Big Bay, MI
- ♦ D4, D6, D9, D15, D17: Oct. 4
Possibly Kalahari in the Dells
- ♦ D3, D5, D7: Oct. 11
Funset Blvd. Appleton, WI
- ♦ D2, D12, D13: Oct. 18
UW-Waukesha Campus
- ♦ D1, D14, D16 Oct. 25
Location TBA
- ♦ D8, D9, D15
Date/Location TBA

**Contact your Lieutenant
Governor for more information**



Photo courtesy of: Dana Calamia

UP Bay Cliff RTC (D10, 11)

By: Nikki Herbert, Senior at West Wood High School in
West Wood, MI D10

I will admit; I first joined Key Club because of how it looks on a resume or a college application. However, after attending an RTC at Bay Cliff Health Camp, my views of Key Club completely changed. We learned about the different office positions in Key Club and made new friends along the way. I met so many people that I still keep in touch with a year later, today. The activities were awesome. We played Apples to Apples, tons of cool ice breaker games, capture the flag, sang campfire songs while making s'mores, and even participated in swing dancing.

We also learned about Bay Cliff Health Camp and what they do to help children. After learning about children who came there in wheel chairs and left walking, I wanted to help so many people.

Key club members also participated in a community service project. We helped clear trees and brush so that Bay Cliff could expand and build new housing buildings for the growing number of kids who continue to attend Bay Cliff each summer. After attending RTC I began enjoying Key Club so much that I ran for President and have many plans to help my community.

spotlight on **RTC's** (Regional Training Conferences)

RTC's

By: Frank Heaton, Senior at Mineral Point High,
Mineral Point WI. District Sec/Treas

RTC season is the next thing in the Key Club year. They are training conferences for officers and members that allow you to learn more about all of the facets of Key Club and ways to improve your home clubs. I remember going to my first RTC two years ago. They are similar to the Officer Council Meetings that your LTG's may hold, but on a larger scale. You are able to meet officers not only from your division but from neighboring ones. At the RTC's you go through different sessions where you can learn about fundraisers, service projects, officer duties, and so on. They are an absolutely great way to kick off a great Key club year and you get to meet many great people from other divisions.

What's in it for you?

- Great new friends
- Officer Training
- Key Club knowledge
- Opportunity to help at a service project
- Meeting district officers
- Food, Drink, and Fun!
- Part of criteria for officer awards at DCON
- Lifelong memories
- Strengthen your home club
- Becoming a bigger part of an amazing organization
- Did we mention FUN?!

FYI: You can go to other division's RTC's, you aren't limited to just your own!



Photos courtesy of: Anna Sedlar



Seniors: Circle K Extravaganza!

By: Nikki Smaga, Circle K District Bulletin Editor



James Pouliot and Bree Boettcher having fun at the Spring Fling for Camp Wawbeek



Steffanie Schaff and Renee Dodge chopping wood at Spring Fling for Camp Wawbeek

For those of you that don't know, Circle K is the next step after you finish your time with Key Club. When you graduate from high school you should then start to think about if the college you are attending has a Circle K. If it does not, maybe even think about starting one.

I was never in Key Club in high school, my hometown does not have a Kiwanis; therefore I never got to know the wonders that is Key Club. I can't really compare then how Key Club differs from Circle K. I'm sure Key Club is amazing, and fun, but I have to tell you, Circle K is way more fun. Circle K is one of the largest collegiate organizations out there. It has over 13,000 members in 450 colleges. I know Key Club has large numbers, but come on we're up against so many different clubs on the college level. In the Wisconsin Upper Michigan District we 24 clubs that thrive on the three tenants of service, leadership and fellowship. We have many different district events: Membership Awareness Conference (MAC), DCON, and Spring Fling. Last year we did over 10,000 hours of service.

We aren't all work and no play. We know how to have fun while doing service too, which I'm sure you are familiar with being in Key Club. We always have fun and will always dance if music is being played, even if there is no dance floor. At district events we are all so enthusiastic and excited about service, we rarely get to bed because we stay up talking to everyone about various subjects, you never know what to expect.

It is really a great organization; I have made many lifelong friends. We are all so different yet we find a common bond with all being dedicated to service. I look forward to every Circle K event just so that I can talk to the friends I made, and meet new people that come.

My favorite event would have to be MAC (Membership Awareness Conference) at Camp Wawbeek in Wisconsin Dells, this was my very first event, and it made me a true Circle K junkie. It was a rush of new people, and new things that I have never done before; you truly feel like member once you go to your first district event and get a real taste of what Circle K has to offer.

My one advice, when you graduate high school, continue your Kiwanis relations. Join Circle K, and be part of the Kiwanis family, they will help you through many of your life experiences. Plus Circle K-ers get really excited when you mention you were in Key Club, you will make fast friends and be so "cool". If going off to college intimidates you, Circle K will be here to help. We are here to help you through this big life change called college.

Let's hear it for **High Five for Health**, the 2006-2008 Service Initiative! High Five for Health will officially end its term during International Convention, July 9-15, where a new MEP service initiative will be unveiled.

The Key Club Service Initiative invites members to serve children in an educational hands-on approach and changes every two years to meet the needs of children. But that doesn't mean us Key Clubbers have had enough Health! This program evokes endless service possibilities and summer is the perfect time for them. It focuses on child nutrition, wellness, and play.

Compile a recipe book with healthy easy to make snacks and distribute to daycares, summer day camps, and schools. Organize a healthy barbeque in conjunction with a day camp. Put up "Wash your hands" posters in local kid-trafficked areas. If you feel like going above and beyond, organize a 'Kid-Olympics'. Many summer day-camps would be thrilled to incorporate 'health days' into their schedule. Even after a new service initiative is unveiled, don't forget about all the great opportunities for service that High Five for Health has to offer.

YOF – The Key to a Fantastic Service Project

Major Emphasis Program – Finish the service initiative with a bang

So here's the deal. Think of a really really cool service project. Does it involve buying supplies? Well you're in luck! You can get up to \$2,000 for assistance in a service project and all you/your club has to do is apply for the Youth Opportunities Fund (YOF) by **October 15, 2008**. Please note that your application cannot be late! (The past deadline has been May 15, but from now on, it will be October 15).

The Youth Opportunities Fund (YOF) is a grant used to help Key Club's serve. Grants by the Key Club International Board from the YOF must conform to the Objects of Key Club International. The YOF funds are granted only to Key Clubs and/or club members. The application is on the Key Club Web site at www.keyclub.org. Clubs may request funding assistance from \$200 to \$2,000. The committee typically funds those clubs who are asking for a portion of the total cost of the project, and clubs who are working with other organizations to fund and complete the project.

So what are you waiting for?! This is an incredible opportunity to help you serve, don't miss it!

Article taken in part from: www.keyclub.org.
Direct link to download the application:
<http://keyclub.org/lit/download.asp?id=122>

**More members
more service**

Recruitment Tips

So you may be thinking: "Recruiting!? It's the middle of summer!" This is true, but all know how fast school can come, and with school comes plenty of other

stresses. With that said, the middle of summer suddenly seems like a great time to prepare for a successful recruitment!

- ➡ **At the first meeting of the year, entice members with free food! (publicize it too)**
- ➡ **Compile a display board filled with pictures and descriptions of past projects and fun memories; show it off in a busy area.**
- ➡ **Be enthusiastic! People are more apt to want to join a club that looks fun and has fun members.**
- ➡ **Encourage members to bring a friend. Offer an incentive or prize for the member and friend.**
- ➡ **Ask teachers to suggest students to you.**
- ➡ **Organize a day where everyone in the club wears their Key Club shirts.**
- ➡ **Start off meetings (not just the first) with fun icebreakers.**
(Contact Anna Sedlar, Bulletin Editor for icebreakers, she has plenty on file!)
- ➡ **Create unique, eye-catching, funny posters.**
 - Bright colors or colored paper
 - Big headline, use Key Club logo, motto, core values, etc...
 - Pictures
- ➡ **Put an ad in the school newspaper and announce meeting times and upcoming events over the P.A.**
- ➡ **Print lots of flyers and distribute them in classes.**

Whatever idea's you use or come up with, be creative and try to make Key Club stand out, don't let your clubs flyer be 'just another flyer' on your school's bulletin board. After all, Key Club is the largest high school service organization in the **world!**



leadership

inclusiveness

caring

character
building



In pictures: members of the District Board

What's up
innnnnn.....

MICHIGAN!

Hey Wi-Um Key Clubbers!

My name is Celia Zhang, the Michigan District Key Club Bulletin Editor, and it is my honor to write in this issue of your official publication. I guess I'll start by introducing myself. I'm a rising senior at St. Joseph High School in St. Joseph, MI, which is a small tourist-oriented town in the southwest corner of Michigan. Although we are only two hours away from Chicago, I sometimes feel that I live in the middle of nowhere when it comes to Key Club functions; for our last convention, we had to drive four or five hours. And speaking of district convention, I must say that our past one was certainly a blast. Taking place in the beautiful Boyne Mountain resorts, Key Clubbers were touched by the public speaker, screamed hard at the cheer-offs, gained newfound knowledge from the forums and sessions, and of course, showed off some moves at our two dances.

Perhaps you already of perceived notions about the Michigan District. Yes, we are loud, yes, we are rowdy, and we ultimately do have a lot of spirit. But like you, we are also dedicated to service. Our two state-wide service projects for this Key Club year are the District Project, Enabling the Disabled, and the Governor's Project, Project KEY. Unlike the district project in many years past, this recent one is not oriented towards a specific organization; instead, it is a focus—helping people with disabilities. We felt that this focus would give a broader range of options for clubs to participate. For more information, please check out our district website, www.mikeyclub.org to view an informational video.

The Governor's Project is, as noted above, Project KEY: Keeping the Environment Young. Like the district project, this is also a focus. Obviously, our environment is deteriorating all around us. Mass production, our dependency on cars and the amount of paper we waste is staggering. Any project that clubs do to help the environment, such as a road clean-up, a recycling program, or the planning of trees or flowers, will count as participation for this project.

If you ever have any questions about the Michigan District, or just want to chat (I pretty much love getting emails), feel free to contact me (info below). Talk to you soon Wi-Um Key Clubbers, and remember, always serve with integrity and passion!

Yours in Service and Friendship,
Celia Zhang

Michigan District Bulletin Editor

editor@mikeyclub.org

<http://www.facebook.com/profile.php?id=527887007>

We need **you!**

Share your favorite service project with the rest of the district! Think your secretary is outstanding? Tell us! To submit articles, email Anna Sedlar, bulletin editor: editor@wiumkeyclub.com Pictures are accepted and encouraged. Don't pass up this great opportunity to get your club recognized!



Dodge Ball Tournament

By: Kaisa Anderson, Imm. past club secretary
Key Club of Escanaba MI

If you were to ask high school students what their favorite class is, many may reply gym class. Not only is it different from the usual text books and the ever popular pop quizzes, it is something fun and active. Earlier this year, myself and '07-'08 D11 LTG Zack Fix debated on how to repay Bobby LaMarch. Bobby LaMarch was a student here at Escanaba High School, and a very involved member of the Key Club. This past year however, Bobby was injured while serving our nation in Iraq. He returned home paralyzed from the waist down, and was told that he would never be able to walk again. Through his courage, strong-will, and endless hours of physical therapy, he is now able to walk with only the assistance of a cane.

While we were trying to figure out a way to repay Bobby, we thought of the idea to bring a fundraiser together with something that students would enjoy. And of course, dodge ball quickly came to our minds. It is competitive and entertaining, and something that everyone could be involved in. As we began planning to event, it became a much bigger deal than we both anticipated. Not only did we need gym time, but also referee's, rules, brackets, prizes, workers for the concession stand, equipment, and extra help when needed. Admission was free while donations were being accepted, and team fees were \$10.

In the end, there were over 20 teams participating which included students, staff, and a team formed by Bobby's family. An estimated 300 people came to watch, which greatly surpassed both mine and Zack's expectations. Our idea became a "fun fundraiser" event that many wanted to partake in, but a new tradition at the Escanaba High School. Through both donations and team fees, over \$650 dollars was raised during the event. Bobby graciously matched our money with his, chose and donated the \$1,300 profit to the YMCA's Strong Kids Campaign. In the future years, our Key Club will be hosting an annual Key Club Dodge Ball Tournament, and the proceeds will always go to an organization of Bobby's choice.



Article and Pictures: [key-leader.org](http://www.key-leader.org)
To see more go to: [key-leader.org](http://www.key-leader.org)



KEY LEADER: The Best Weekend of your LIFE

www.key-leader.org

Many WI-UM district officers will be attending!

1) What is Key Leader?

KEY LEADER is Kiwanis International's leadership education program for students. Its mission is to provide a "life-changing experience that inspires young people to achieve their personal best through service leadership." September 19-21; Camp Wawbeek Wisconsin Dells, WI

2) So, what do you do?

You will have large and small group activities, with a combination of information, discussion, interactive events, and audio-visual presentations. In every weekend there will be a lot of fun with new friends.

3) But how much does it cost?

The cost will be \$150 (\$175 for non-Key Clubbers). A school or Kiwanis club may be willing to pay for you.

4) I'm sold ! How do I sign up?

Go to www.key-leader.org and click on the participate tab. Then complete a form with basic information. You will also need to list your nominator, an adult who recommends them for the program, and the sponsor, the adult or organization who is paying the fee. After completing this form, the registration can be paid right away with credit card, or an invoice will be sent to the student, the nominator and sponsor. That invoice needs to be completed with payment either by check or credit card before a student will be accepted into the program. Participants who register within 14 days of an event will be charged a \$25 late fee.

WI-UM DISTRICT BOARD

Executive Board:

Governor: Emily Mulloy
gov@wiumkeyclub.com

Sec. /Treas.: Frank Heaton
treasurer@wiumkeyclub.com

Bulletin Editor: Anna Sedlar
editor@wiumkeyclub.com

Executive LTG: Erin Montemurro
div1ltg@wiumkeyclub.com

Administrator: Kathy Vorpahl
wium . admin@gmail.com

Assistant Administrator: Kim Riedl
ksriedl@gmail.com

Lieutenant Governors:

D1 - Erin Montemurro
div1ltg@wiumkeyclub.com

D2 - Andrea Savord
div2ltg@wiumkeyclub.com

D3 - Richard Tijerina
div3ltg@wiumkeyclub.com

D4 - Taylor Dahlgren
div4ltg@wiumkeyclub.com

D5 - Thomas Sauder
div5ltg@wiumkeyclub.com

D6 - Shelby Van Engel
div6ltg@wiumkeyclub.com

D7 - Amelia Davidson
div7ltg@wiumkeyclub.com

D8 - Nick Cornell
div8ltg@wiumkeyclub.com

D9 - Arianna Roehrich
div9ltg@wiumkeyclub.com

D10 - Adorée Killips
div10ltg@wiumkeyclub.com

D11 - Haley Davis
div11ltg@wiumkeyclub.com

D12 - Sammy Smith
div12ltg@wiumkeyclub.com

D13 - Liz Hagen
div13ltg@wiumkeyclub.com

D13 - Tony Wang
div14ltg@wiumkeyclub.com

D15 - Christina Lewis
div15ltg@wiumkeyclub.com

D16 - Emily Condon
div16ltg@wiumkeyclub.com

D17 - Taylor Cooley
div17ltg@wiumkeyclub.com

Strategic Planner - Chelsea Grabner
lketosoldiers09@yahoo.com

Convention Chair - Isabelle Novak
isabellenovak@aol.com

International trustee - Nakita Sekhon
ltgnakita@yahoo.ca

Important Dates

July 9-15 – ICON!!! (Denver)

August 6-9 – Circle K ICON (Denver)

August 15-17 – Kiwanis DCON, Key Club District Board Meeting
(Marquette, MI)

September 1 – Labor Day

September 19-21 – Key Leader Weekend (Camp Wawbeek, WI Dells)

September-October – Regional Training Conferences

(see page 3 for tentative dates/locations)

NEW! LTG of D14

Hi, my name is **XinLei Wang**, but I go by Tony (easier to pronounce). I am going to be a sophomore at Burlington High School in Burlington. My family came to the United States in 2001 and after seeing the kindness and generosity of so many people that we meet, I decided I wanted to be part of it. That is why I joined Key Club. After a year of being a member, I was appointed to be the LTG of Division 14. When I am not busy with Key Club and school work, I like to run, play football, and read once in a while. I am really looking forward to meeting and working with everyone.



Summer Project Ideas

School Fix Up

Fix up your school in the spirit of the season. Repaint walls, repair lockers, clean desks, make new spirited signs, and decorate trash cans. Take it to the next level and help out local businesses as well.

Decorate Fire Hydrants

Get permission from your city council to paint and decorate fire hydrants. Get your Builder's Club involved too! Have a contest with prizes to the best painted/decorated hydrant.

The infamous Car Wash!

Coordinate with a local gas station or service garage, set up a donations table, music, folding chairs, and refreshments. Great for hot summer days,

Landscape

Plant cheery, colorful flowers in normally busy, polluted, public places. Plant tree's likewise. Clean up litter and trash at your local park or anywhere in your city.



Send us your favorite service project or fundraiser! Email: editor@wiumkeyclub.com now!

a Kiwanis-family member
keyclub.org

3636 WOODVIEW TRACE INDIANAPOLIS, IN 46268 • 317.875.8755 • US AND CANADA: 1-800-KIWANIS

EIGHT